



# REAR BUMPER

## 2023+ TOYOTA SEQUOIA



## INSTALL GUIDE

### PLEASE READ ENTIRE GUIDE BEFORE INSTALLATION

Recommended that you read this entire install guide before installation. Check that all hardware is present before starting or scheduling an install. This guide is supplemental to mechanical knowledge and ability. Anyone not familiar with automotive installation should seek professional installation.

LAST UPDATE 7/24 v1



# INSTALL GUIDE

## IMPORTANT INFO/FAQ

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#### INSTALLATION HELP

Please review terms and conditions for details

Recommended purchaser review Welcome Guide at time of purchase for details

Care and Maintenance available at [www.exp-one.com/resources](http://www.exp-one.com/resources)

We do our best to offer timely assistance with your installation questions however as most of our team members are primarily engaged in the manufacturing process and packaging processes, we do not currently offer a tech for on-demand calls and inquiries. For the more technical installs or installs that are time-sensitive in nature, we would recommend our customers seek out the services of professional shops with experience specific to aftermarket bumpers that can better meet your needs. We are happy to make recommendations to you on shops familiar with our products in your area. We do our best to respond to installation questions within 24-48 hours of contact as much as possible. Long-distance problem assessment can be difficult, so photos and videos are often required for us to best assist you. We highly recommend your initial contact regarding installation questions include both close-up and full photos, detailed descriptions using our part descriptions as much as possible, and video. This enables us to better assist without having the ability to see the install difficulties directly and assist you as quickly as possible.

#### NOTE

Expedition One does not guarantee fitment with other aftermarket products, or reinstallation of take off OEM parts.

Expedition One is NOT RESPONSIBLE for damage to paint or powder coating, items assembled in error during installation or costs associated with install

OEM manufacture model refreshes/updates, factory build location and suppliers may cause variations in fitment or installation and can not be verified, vehicle to vehicle .

\*This product contains chemicals known to the state of California to cause birth defects or other reproductive harm. For more information go to [www.p65warnings.gov](http://www.p65warnings.gov)\*

GSA# GS-30F-013CA

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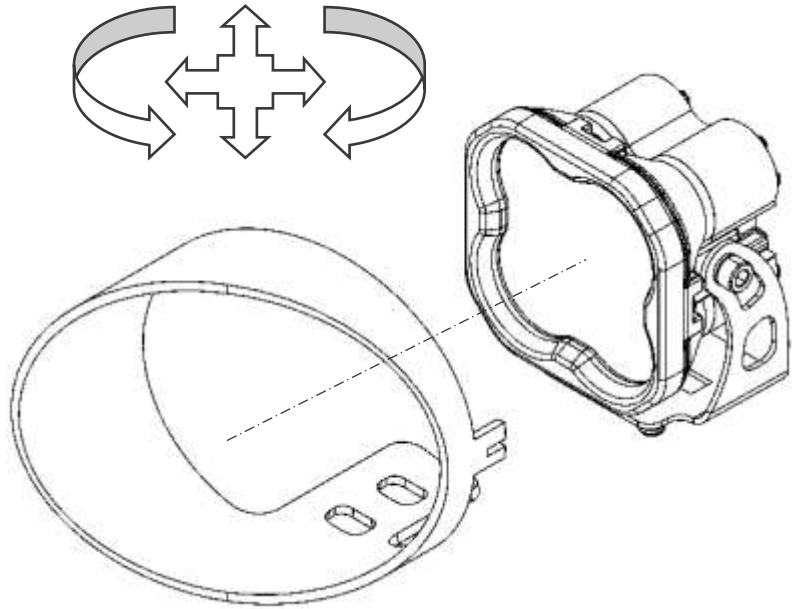
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## INSTALL GUIDE

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### LIGHTPORTS

To give you a wide range of options from various brands and designs, the light ports were designed to be as universal as possible. Not all mounts or designs will fit exactly and may require the use of shims, spacers, light manufacture mounts or different hardware to mount. Reuse of OEM light is limited to select bumpers and will come with provided hardware to reinstall. It is recommended that lights be purchased with the bumper in hand to gain the best fitment. We **DO NOT** manufacture the lights, provided wiring, or instructions on how to connect to the OEM harness.



EXAMPLE SHOWN – LIGHT PORTS VARY

### AFTERMARKET or OEM PRODUCTS

We **DO NOT** guarantee fitment or installation of any aftermarket, third party or OEM parts, accessories, or hardware. This includes items such as lighting, winches, skids, lifts, suspension, and accessory mounts. Access to all brands, manufactures and country of origin specific parts is limited or impossible during the product development stage and subsequent new or modified revisions of said products including OEM design changes or refreshes. It is recommended you have the product in hand and installed before modifying with other aftermarket parts. Consult forums or other sources to gain any first hand knowledge of other products others have installed.















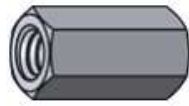
### INSTALL GUIDE

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#### HARDWARE

Please review for details and installation. Figures or data may vary. Leave all accessible hardware loose for installation and tighten all hardware after everything is installed on the vehicle. Check and retighten all hardware after the first 100 miles and/or after off roading. **Some hardware locations do not require being tightened to spec due to there design, location or material attachment (including rubber, plastic, and aluminum). Over tightening may break or damage parts. Torque spec may vary, amounts listed are generic.**

HARDWARE		TORQUE SPEC – FT.-LBS.	
SIZE	SOCKET WRENCH	GRADE 5 M- 8.8	GRADE 8 M – 10.9
#8	1/4"	X	
#10	5/16"		
1/4"	7/16"	6-8	9-10
5/16"	1/2"	13-14	18-20
3/8"	9/16"	23-26	33-37
7/16"	5/8"	37-41	52-58
1/2"	3/4"	57-64	80-90
9/16"	13/16"	82-91	115-129
5/8"	15/16"	112-118	159-180
3/4"	1-1/8"	200-223	282-315
7/8"	1-5/16"	322-355	454-501
1"	36MM	X	
M6	10MM	9-10	13-15
M8	13MM	22-24	32-35
M10	15MM	44-49	64-72
M12	18MM	76-83	112-123

TYPES OF HARDWARE		
		
HEX CAP BOLT	WASHER	NYLOC NUT
		
BUTTON HEAD BOLT	FENDER WASHER	HEX NUT
		
CARRIAGE BOLT	INTERNAL TOOTH	JAM NUT
		
SOCKET CAP BOLT	CLIP NUT	ACORN NUT
		
FLAT HEAD SCREW	RIVET NUT	COUPLING



GRADE5



CLASS8.8



GRADE8



CLASS10.9

**NOTE - Extra hardware may be left over due to model or option specific items that may not be required for the install.**

## 1 - REMOVE OEM BUMPER HARDWARE

Remove the rear bumper OEM hardware from the wheel wells on each side of the vehicle. Extra locations underneath will need to be unbolted. Additional locations in the rear liftgate opening will need to be undone along with removing the plastic tread plate and Flex the fender trim (or completely remove the trim) for bumper removal, access and installation. Undo the sensors and any wire loom connections. Remove the bumper by pulling it away from the corner near the wheel wells. Disconnect the parking sensors from the bezels. Be care to not break any clips or parts of the bezel as they will be reused in the new bumper. Remove the bezels once the bumper is off.



Similar examples, models and trims will vary

## 2 - BUMPER REMOVAL

Undo the sensor in the side piece and check for any remaining hardware connecting the bumper. Remove the bumper by pulling it away from the corner near the wheel wells.

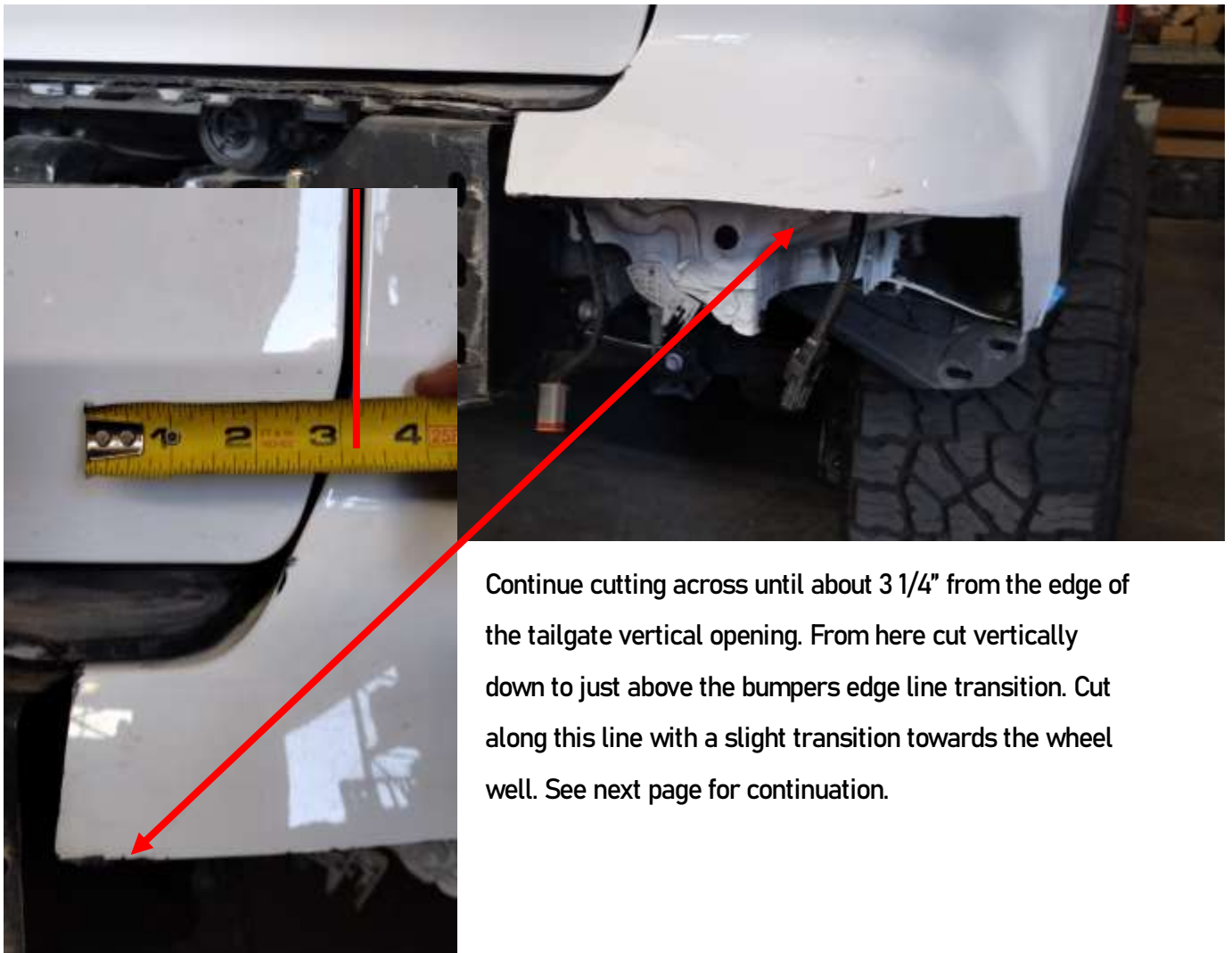
### 3 – OEM BUMPER TRIMMING

Trim the OEM bumper side pieces as shown for clearance.

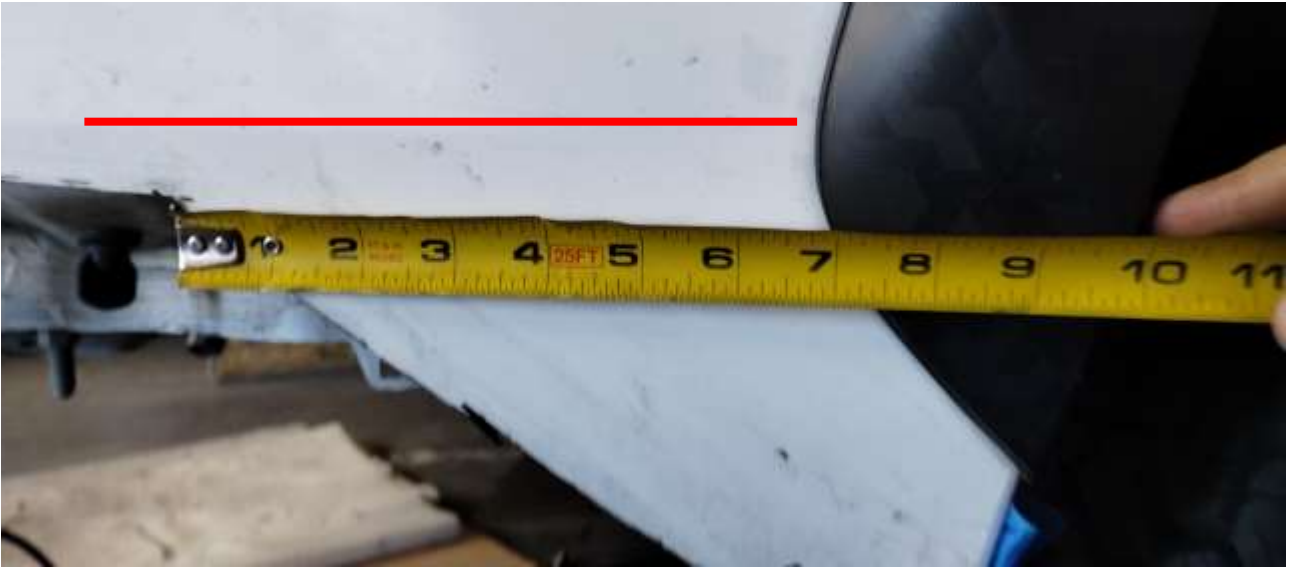




Cut both the OEM bumper and plastic tread piece (recommend separating) about 2 1/4" from the load floor  
As shown. Tread plate on new bumper will slide over this region



Continue cutting across until about 3 1/4" from the edge of the tailgate vertical opening. From here cut vertically down to just above the bumper's edge line transition. Cut along this line with a slight transition towards the wheel well. See next page for continuation.



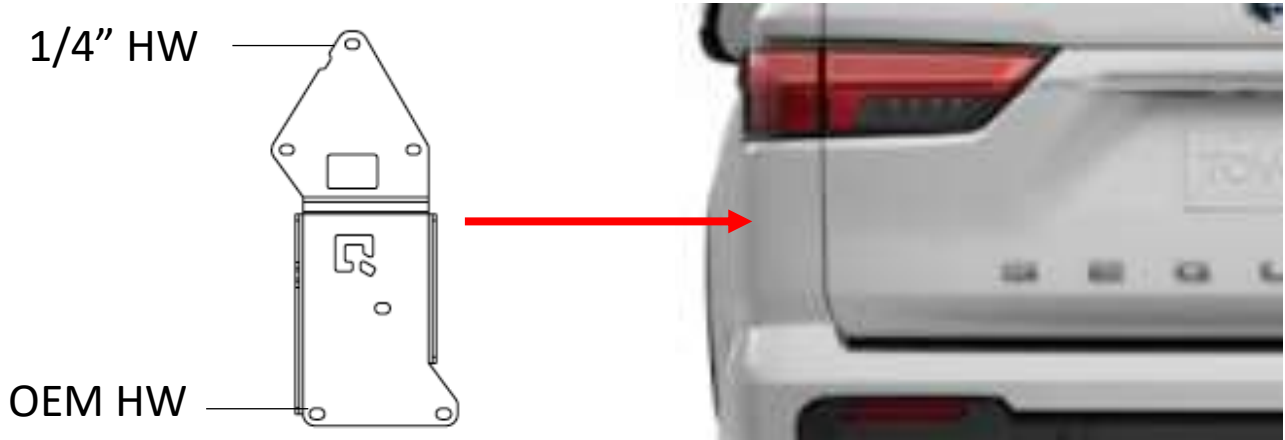
Continue cutting until 10" from the wheel opening and about an 1" down from the bumper transition line. The diagonal cut line will meet up with the cuts shown below. Measure 2" down from the edge of the wheel well trim and over 2 1/2". At this time drill a few 1/4" holes for a bracket to be installed later (not dependent on preciseness). Reattach bumper after brackets are installed.





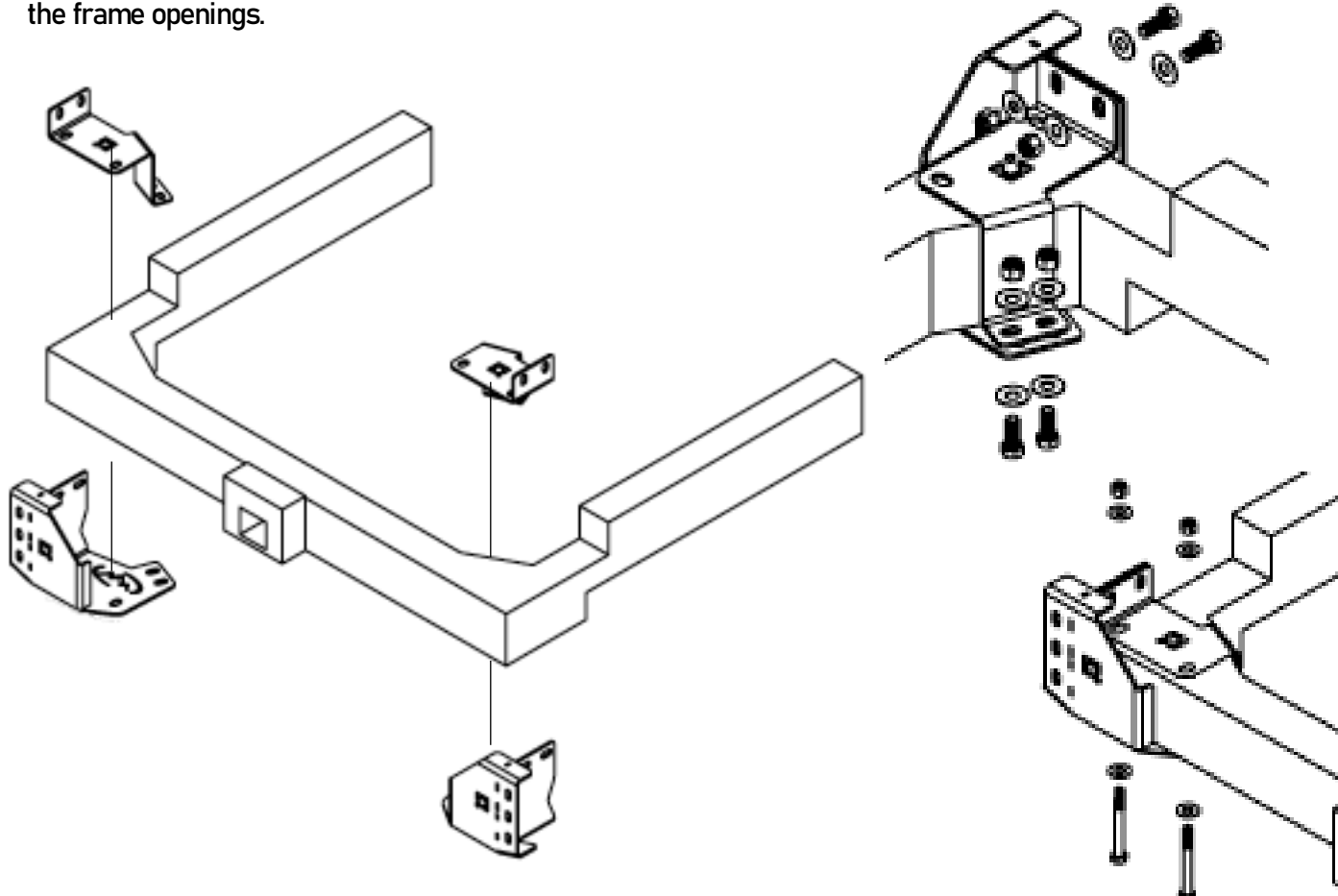
## 4 – SENSOR RELOCATION

With the bumper off relocate the sensor to the provided bracket. Attach the bracket and sensor to the OEM location.

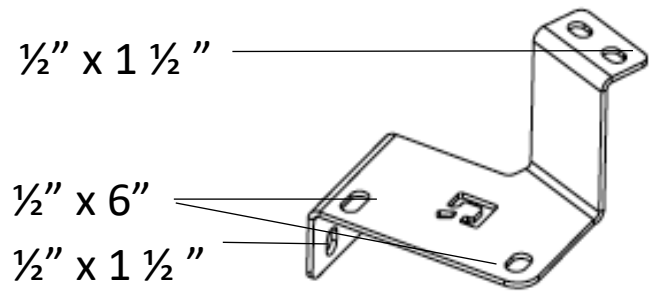
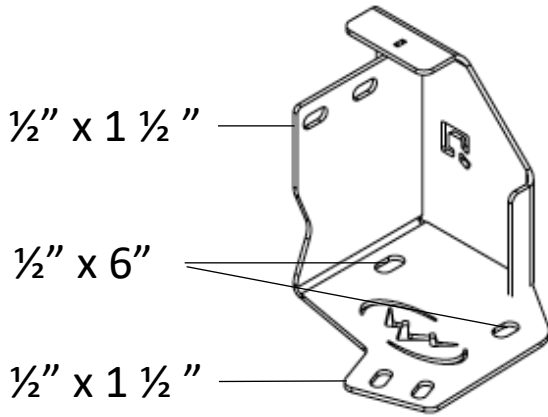


## 5 – BRACKET INSTALLATION

Attach both mounting brackets as shown to the ends of the rear cross member. Mount using the provided 1/2" hardware. Leave all hardware loose for adjustment and tighten once in place. 6" bolts will mount thru the frame openings.



## 5 - CONTINUED



## 6 - TREAD PLATE INSTALLATION / DSTC KITS

Attach the tread plate to the bumper using the provided  $\frac{1}{4}''$  hardware tread packs. Tighten all tread hardware in preparation of bumper mounting. DSTC orders see DSTC install guide for pin plates and kickplate and install at this time.

## 7 - OEM BUMPER INSTALL AND FENDER CLIPS

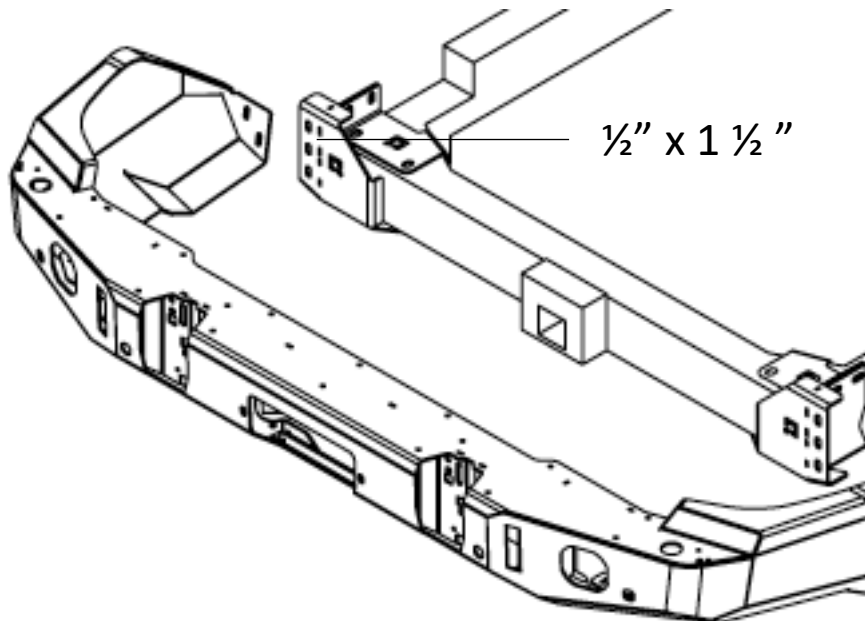
Reinstall the OEM plastic bumper and attach all clips and tabs. Using the provided L Tab Clips attach the fender bottom corners to the internal framework. Pull in tight for bumper clearance during mounting and adjust once bumper is tight. Small L bracket will mount to the internal framework with an OEM bolt. The long L bracket will attach to the bumper at the holes created in step 3. Bend the tabs and adjust as needed to mount the  $\frac{5}{16}''$  bolt. This does not have to be precise and is only meant to adjust the gap of the fender evenly and secure it in place once the bumper is on.

## 7 - CONTINUED



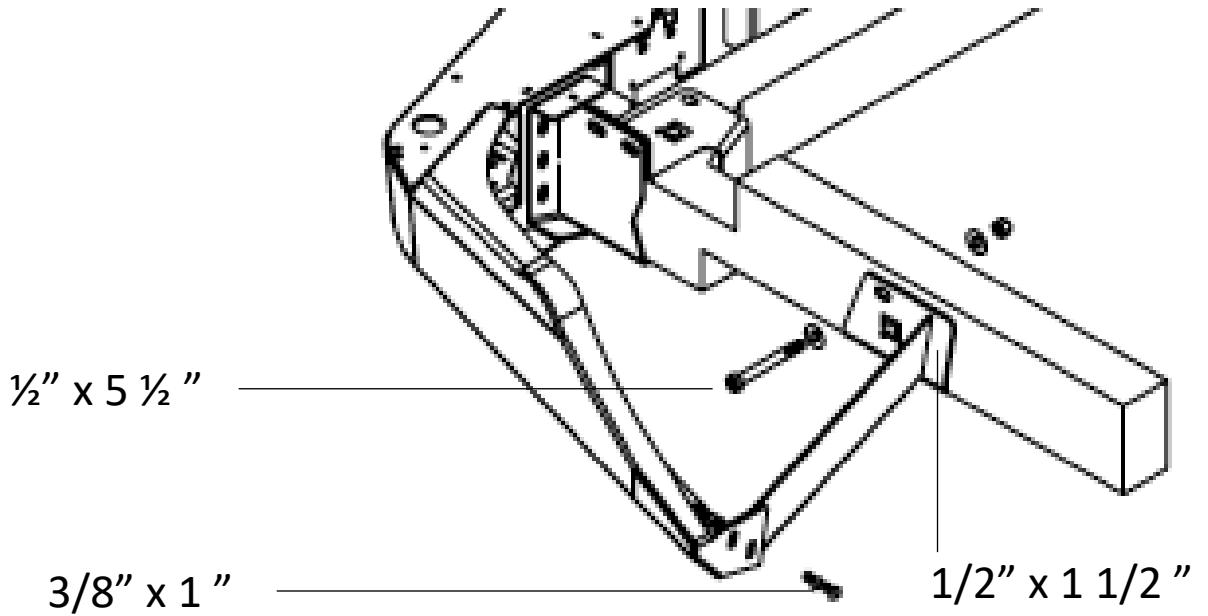
## 8 - BUMPER MOUNTING

Mount the bumper as shown using the provided 1/2" hardware. Center the bumper with the vehicle and align gaps between the body and bumper to your preference before mounting. Leave all hardware loose for adjustment.



## 9 - WING BRACKET INSTALLATION

Attach both mounting brackets as shown to the ends of the rear cross member. Mount using the provided  $\frac{3}{8}$ " and  $\frac{1}{2}$ " hardware. Leave all hardware loose for adjustment and tighten once in place.  $5 \frac{1}{2}$ " bolts + Square spacer will mount thru the frame openings (plastic covers may need to be removed). Bottom opening will mount up with the provided L nut retainer

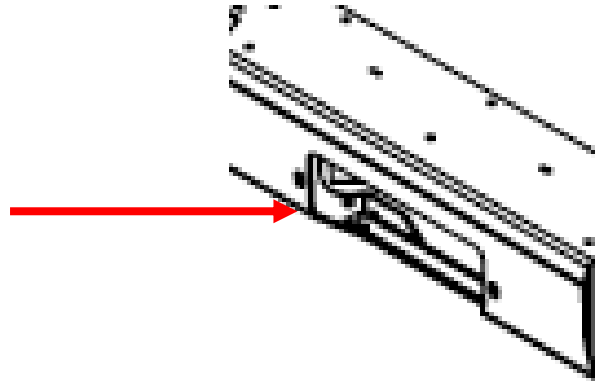
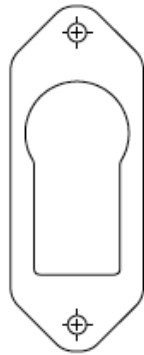


## 10- WIRING HARNESS

Reconnect the wiring harness into the new bumper. Place all wiring out of the way of mounting points and hardware locations. When using the provided replacement rubber bezels use WD40 and align the fat edge directional to the pointed surface when fitting. Secure the wiring loom.

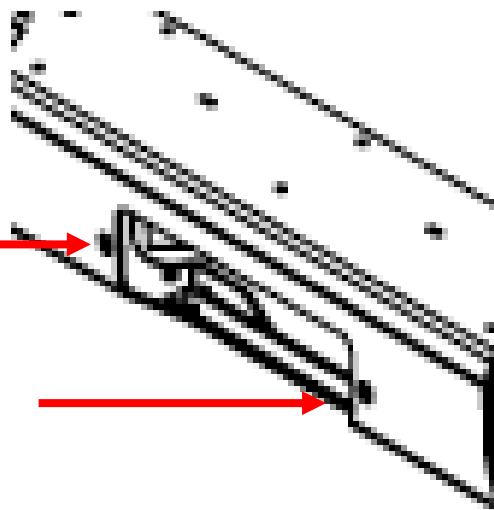
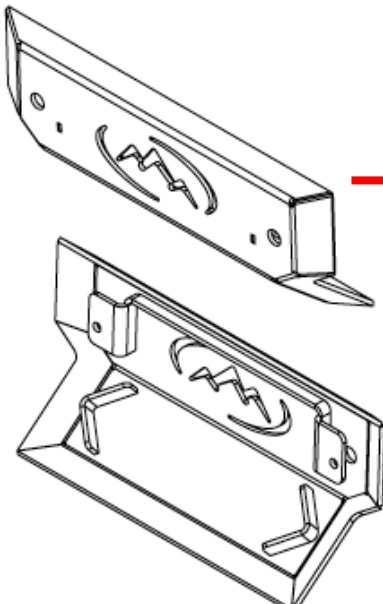
## 11 - TRAILER HITCH

Attach hitch bracket to the bumper using the provide 1/4 " hardware. Bracket will mount behind the bumper with clip nuts



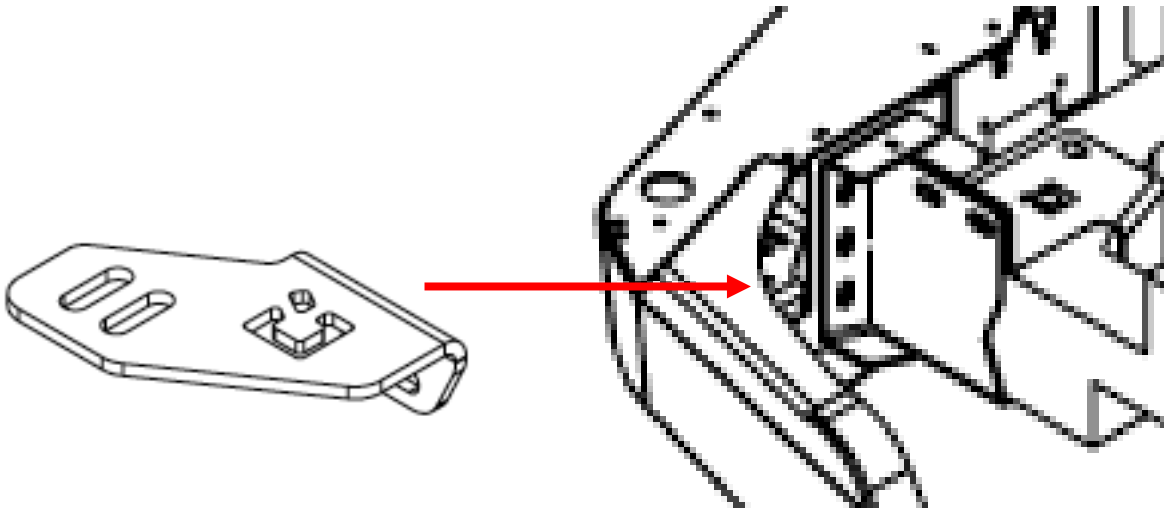
## 12 - TRAILER HITCH COVER

Attach clip nuts to the bumper at the opening using the provide hardware. Bracket will mount in front of the bumper, attach with long button head bolts



## 13 – LIGHT TABS

Mount the light tabs in the slotted openings using the provided 5/16" carriage bolts and hardware. Adjust as needed and tighten.



## 14 – TIGHTEN HARDWARE

Adjust the bumper to its desired location and **TIGHTEN HARDWARE**. Check that all hardware is tightened including all brackets and mounting locations. Reconnect the parking sensor wiring harness and other connections to the vehicles electronics and secure all loose wiring. Check that everything is working and adjust if needed before driving on the road.

### ADDITIONAL LINKS

<https://www.exp-one.com/wp-content/uploads/2016/10/Proper-Care-and-Maintenance.pdf>

<https://www.exp-one.com/wp-content/uploads/2016/10/Paint-touch-up-instructions.pdf>

<https://www.exp-one.com/wp-content/uploads/2018/02/Exp-One-2016-TC-word-doc.pdf>

**TIGHTEN ALL HARDWARE AFTER EVERYTHING IS INSTALLED ON THE VEHICLE  
CHECK AND RETIGHTEN ALL HARDWARE AFTER THE FIRST 100 MILES AND  
AFTER OFF ROADING. CHECK REGULARLY**